RAISING AWARENESS IN OCTOBER

The month of October raises the awareness of various topics including but not limited to Domestic Violence and Mental Illness Awareness.  The COVID-19 pandemic has had a major impact on the mental health of the nation’s people. Specific groups of people such as health care and other frontline workers, students, people living alone, and those with pre-existing mental health conditions, have been particularly affected, perhaps even more so than others. Additionally, while the nation has been in the pandemic, the services for mental, neurological and substance use disorders have been disrupted. Please raise awareness in your churches about the various topics and activities for the month of October as it relates to mental health, social and mental illness by visiting one of the websites below and sometime during the month place the hashtags on your Facebook posts.

**Mental Illness Awareness Week Campaign slogan**

#Mental health care for all: let’s make it a reality (October 3-9, 2021)

#WorldMentalHealthDay (October 10, 2021)

Please visit the following website for more information. There are videos, discussion, and toolkits that can be used to provide information to your church members:

<https://www.nami.org/get-involved/awareness-events/mental-illness-awareness-week>

<https://americanbehavioralclinics.com/national-depression-and-mental-health-screening-month/>

<https://www.nctsn.org/resources/public-awareness/national-bullying-prevention-month>

<https://www.nctsn.org/resources/public-awareness/national-substance-abuse-prevention-month>